

Workshop Program:

Diabetes and eye care for allied health professionals and optometrists

Managing the Ocular Health of Diabetic Patients

Coordinators: AJ Jackson & G Napper

Chair: Leanne Nguyen

Presentation	Presenter/s	Duration
Diabetes “A Tsunami on the horizon” <i>How will we manage the numbers?</i>	Dr P Van Wijngaarden	30 minutes
The Ophthalmic Manifestations of Diabetes <i>Diabetic Eye Disease</i>	Dr S Wickremasinghe	30 minutes
Diabetes in General Practice <i>From Presentation to Visual Assessment</i>	M Travis	30 minutes
Break		
Imaging and Technology in Optometric Practice <i>OCTs and Fundus Cameras, what next?</i>	R Serebrianik (ACO)	30 minutes
Loss of sight in Diabetes <i>Low Vision care for those with Diabetes</i>	AJ Jackson (RVH) & S Oberstein (UNSW)	30 minutes
Practical workstations: <i>Running in Parallel, each lasting 30 mins. Each Participant will participate in 1 workstation (or it may be better to have 10 min rotations)</i>		30 minutes
OCT	M Travis, L Nguyen & R Serebrianik	
Fundus Camera	M Travis, L Nguyen & R Serebrianik	
How can we help your medications and manage your daily needs	S. Rennie	

The Presenters:
Diabetes and eye care for allied health professionals and optometrists

	<p>A Jonathan Jackson Head of Optometry, Royal Victoria Hospital Belfast, Northern Ireland</p> <p>Qualifications BSc Hon, PhD, MCOptom, FAAO, FBCLA</p> <p>Biography Jonathan is an optometrist and clinical vision scientist currently running a large regional Hospital Optometry Dept at the Royal Victoria Hospital in Northern Ireland. He is Co-Chair of the Northern Ireland Clinical Research Network (Vision) and has a visiting appointment as an Associate Professor at the Dept of Optometry at the University of Melbourne. He has co-authored over 100 peer-reviewed manuscripts and acts as reviewer for a wide range of clinical and research journals and national and international research funding organisations. His main clinical and research interests include Vision Impairment, Corneal & Contact Lens Practice and Paediatric Optometry. Associate Professor Jackson was, for a 3 year period (2011-2014), Head of Clinical Services at the Australian College of Optometry and chaired the Vision 20:20 Australia Low Vision committee.</p>
	<p>Genevieve Napper Australian College of Optometry, Melbourne, Australia</p> <p>Qualifications BScOptom, MScOptom, PhD, PGDipAdvClinOptom, PGCertOcThera</p> <p>Biography Genevieve Napper works as Lead Optometrist Aboriginal Services at the Australian College of Optometry and has been involved in providing eye care at Aboriginal community controlled health services for over 10 years. Genevieve has a long term interest in improving eye care access for communities in need and through her work at the Australian College of Optometry participates in clinical education of optometry students, mentoring of new graduate optometrists and has clinical interests in ocular disease management and low vision care. Genevieve also contributes to national and state policy and service developments through participation in the Vision 2020 Australia Aboriginal and Torres Strait Islander committee and the Optometry Australia Aboriginal and Torres Strait Islander Eye Health Working Group and Low Vision Working Group. Genevieve is a Board Member of Optometry Victoria.</p>
	<p>Leanne Nguyen Lead Optometrist of Ocular Diseases and Hospital Services, Australian College of Optometry, Melbourne, Australia</p> <p>Qualifications BOptom, PostGradDipAdvClinOptom, PostGradCertOcTher, FACO</p> <p>Biography Leanne Nguyen is the Lead Optometrist of Ocular Diseases and Hospital Services at the Australian College of Optometry (ACO). After completing her optometry degree from the University of Melbourne in 2004, she went on to complete the Post-Graduate Diploma in Advanced Clinical Optometry followed by the Post-Graduate Certificate in Ocular Therapeutics. Leanne was awarded a Fellowship of the ACO in 2013.</p> <p>Leanne has a wide range of professional interests with an emphasis on ocular diseases. She has extensive clinical experience from working at ACO, Vision Australia, Guide Dogs Victoria and at the Royal Victorian Eye and Ear Hospital, where she was part of a multidisciplinary team managing complex glaucoma patients. She also enjoys the challenges of clinical teaching for undergraduate students.</p> <p>Leanne has presented at various conferences and workshops and has published case reports in optometry journals. She has participated in voluntary optometry work in Sri Lanka and Vanuatu.</p>
	<p>Sharon Oberstein Senior Staff Optometrist, UNSW, Sydney, Australia.</p> <p>Qualifications Dip Optom (FOA SA), MBCO McOptom</p> <p>Biography Sharon qualified as an optometrist in South Africa (Cum laude) and has worked in private optometric practice and university low vision clinics in South Africa, the United Kingdom and Australia. Her particular research area concerns driving and low vision, and she is currently completing a PhD on driving with central visual loss, for which she was awarded the 2015 Menzies Research Scholarship in Allied Health Sciences. Her part time role as Senior Staff Optometrist, Low Vision at the UNSW Optometry Clinic has enabled excellent working relationships with key multidisciplinary rehabilitation organisations; invitations to lecture at optometric and multi-disciplinary conferences, and contributions to rehabilitation planning committees.</p>
	<p>Sheree J Rennie Diabetic Educator, Private Practice.</p>

	<p>Qualifications Bachelor of Nursing (Honors), RN Div 1, Graduate Certificate in Diabetes Education and Diabetes and Pregnancy, Credentialed Diabetes Educator (CDE), Diabetes Education To Assist (DETA) Private Practice.</p> <p>Biography Sheree is a RN Div 1, Credentialed Diabetes Educator and Director of Diabetes Education To Assist (DETA) private practice in Victoria. Sheree has completed her honours thesis exploring "People with type 2 diabetes perceptions of their diabetes management and experiences of using community based services," published in the Contemporary Nurse Journal. Sheree continues to raise diabetes community awareness through participating in diabetes support groups and social media platforms to provide educational content to a broader diabetes audience.</p>
	<p>Roman Serebrianik Head of Primary and Specialist Eye Care Services, Australian College of Optometry, Melbourne, Australia</p> <p>Qualifications BOptom, PostGradDipAdvClinOptom, PostGradCertOcTher</p> <p>Biography Roman is currently the Head of Primary and Specialist Eye Care Services at the Australian College of Optometry. He is actively involved in eyecare delivery, administration and clinical optometry teaching. Roman's particular clinical interests include ocular disease management, ocular therapeutics and diagnostic imaging. Roman is also involved with the ACO's Outreach Program, delivering eyecare to Victoria's homeless, underprivileged and at-risk populations. Since graduating from the University of Melbourne, Roman has completed the Postgraduate Diploma of Advanced Clinical Optometry and Postgraduate Certificate of Ocular Therapeutics. Roman has delivered a number of presentations and workshops at conferences around Australia, and has appeared as an in-studio guest on 774 ABC Melbourne and SBS National talkback radio, discussing optometry matters. Since 2012, Roman has an appointment as Adjunct Lecturer at the Flinders University Optometry Department in Adelaide, delivering the Ocular Anatomy lecture course to undergraduate students.</p>
	<p>Mary Travis</p> <p>Qualifications BOptom, MOptom, PostGradDipAdvClinOptom</p> <p>Biography Mary Travis is a clinical optometrist working in the co-management environment of an ophthalmology clinic. The unique perspective of continued and primary contact with patients who suffer significant visual loss from diabetic retinopathy and the attendant impacts on their daily life (work, social, family) is a motivating force for Mary. This presentation is designed to assist optometrists and other allied health providers to maximise their service delivery: not only detect diabetic complications at the earliest stages but also provide advice and motivation for patients concerning primary prevention of the complications of diabetes. Significant immersion in ocular therapeutics within secondary care centre (ophthalmology clinic 2007 onwards) Special interest in ocular therapeutics and vascular diseases of the eye (diabetic retinopathy, glaucoma, retinal vascular disease) and ocular co-morbidity (glaucoma and diabetes, diabetes and retinal vascular disease etc).</p>
	<p>Sanj Wickremasinghe Royal Victoria Eye & Ear Hospital, Melbourne, Australia.</p> <p>Qualifications DMedSc, FRCOphth, FRANZCO</p> <p>Biography Sanj is a Consultant Ophthalmologist at RVEEH and a Senior Research Fellow at CERA. He is a principal investigator in many multi-centre international drug trials of new treatments in AMD, diabetic macular oedema and retinal vein occlusions. He has published over 40 research papers and is a section editor for Clinical and Experimental Ophthalmology.</p>
	<p>Peter Wijngaarden Centre for Eye Research & Royal Victoria Eye & Ear Hospital, Melbourne, Australia</p> <p>Qualifications MD, PhD, FRCOphth</p> <p>Biography Peter qualified in medicine at Monash University (Dux, 1999), and thereafter moved to the Department of Ophthalmology at Flinders University, South Australia to undertake his PhD in the field of retinal vascular biology. He subsequently trained as an ophthalmologist in Victoria (Dux 2009). Peter was awarded an NHMRC Overseas Based Clinical Research Fellowship to pursue his research interests at the University of Cambridge, UK. He developed experience in regeneration of the central nervous system in multiple sclerosis. Returning to CERA in 2013, Peter's research focuses on three broad areas including diabetic retinopathy. He is a co-investigator on the National Eye Health Survey, the first nationwide study of the prevalence of eye disease in Australia.</p>